



No nuts policy

1. Purpose

The purpose of this policy is to protect and safeguard children, staff, and visitors who have known or suspected nut allergies. Nut allergies can cause severe and potentially life-threatening reactions. This policy outlines the measures taken by Pavilion Pre School (Aigburth) CIO to minimise the risk of exposure to nuts across the Pre-School, Breakfast Club, and After-School Club.

2. Scope

This policy applies to:

- All children attending the pre-school, breakfast club, and after-school club
- All staff, volunteers, and students on placement
- All parents, carers, and visitors to the setting
- All food brought into, prepared, or consumed within the setting

3. Policy Statement

Pavilion Pre School (Aigburth) CIO operates a strict No Nuts Policy. To reduce the risk of an allergic reaction, nuts and nut-containing products must not be brought into any part of the setting at any time.

4. Responsibilities

4.1 Management

- Ensure the No Nuts Policy is communicated clearly to all families and staff.
- Provide staff training on allergies, recognising symptoms, and emergency procedures.
- Ensure care plans and medication for children with allergies are up to date, accessible, and reviewed regularly.

- Monitor compliance with the policy and update it as necessary.

4.2 Staff

- Follow all food-handling and hygiene procedures to avoid cross-contamination.
- Check all food provided by the setting to ensure it is nut-free.
- Be aware of children with diagnosed allergies and follow individual health care plans.
- Report any concerns or breaches of the policy to management.

4.3 Parents and Carers

- Must not send any nuts or nut-containing products into the setting, including but not limited to:
 - Peanuts, tree nuts
 - Peanut butter
 - Nutella and other chocolate/nut spreads
 - Pesto containing nuts
 - Cakes, snacks, cereal bars, and biscuits containing nuts
- Must check ingredient labels carefully before sending food from home.
- Must inform the setting of any allergies or dietary requirements and provide necessary medical information.

5. Food Provided by the Setting

- All meals, snacks, and ingredients provided by the setting are checked to ensure they are free from nuts and nut-derived products.
- The setting follows strict hygiene practices to minimise cross-contamination.

6. Birthday Treats and Special Occasions

- Any food or treats brought into the setting for birthdays or celebrations must be nut-free.

- Shop-bought items with clear ingredient labels are preferred.

7. Emergency Procedures

- Staff are trained to recognise signs of an allergic reaction and follow the child's individual allergy care plan.
- Emergency medication, including EpiPens, is stored safely but accessibly.
- In the event of an allergic reaction, staff will:
 1. Administer prescribed medication as required
 2. Call emergency services
 3. Inform parents or carers immediately
 4. Record the incident in line with the setting's reporting procedures

8. Communication and Compliance

- The policy will be shared with all families upon registration and is available on request.
- Reminders will be issued periodically and when necessary.
- Repeated breaches by families will be addressed by management to ensure the safety of all children.

This policy was adopted in November 2025.

This policy will be reviewed annually or as required.

Last updated: 28.11.2025

Signed by Chair of Trustees:



Signed by Operations Manager:

